**St Bons SEND parents and carers group**

**Information to share**

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| **Name** | **Brief description** | **Info/contact details** |
| **Seals Starfish Club** | Seals Starfish Club provides fun swimming for families with children and young people with disabilities. Located at the Starfish Hydrotherapy Pool, Claremont School, Henleaze, Bristol. | www.seals-starfish-club.co.uk/about-us |
| **Seals Bristol Swim School** | Personal comment: these lessons take place at Claremont School in small groups and our experience is that they have been very inclusive. | Contact: Nikki Pitkin 07714 444214 |
| **SENDaWelcome** | Small group of volunteers working in the Bishopston area, who are striving to make the community a more inclusive place for children with special educational needs and disabilities (SEND) to live, play and access opportunities. | Facebook: SENDaWelcomeBS7 |
| **Bristol Family Cycling Centre** (Hengrove) | Inclusive Bikeability open sessions for all ages and abilities. | www.betterbybike.info/start-cycling/get-confidence/family-cycling-centre-hengrove |
| **Access Sport – Ignite programme** | Inclusive sports opportunities for young disabled people in Bristol. | Contact: Julia Williams, Manager  [Julia.williams@accesssport.co.uk](mailto:Julia.williams@accesssport.co.uk)  07917 753937  Flyer/programme available:  www.carerssupportcentre.org.uk/wp-content/uploads/2016/09/Ignite-flyer-2016.pdf |
| **Flamingo chicks** | Inclusive dance classes | [www.flamingochicks.co.uk](http://www.flamingochicks.co.uk) |