



**St Bonaventure's Catholic Primary School
Egerton Road,
Bishopston
Bristol,
BS7 8HP**

PE Policy 2023

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Governing Body Committee	Standards
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This policy is available at
<http://www.st-bonaventures.bristol.sch.uk/>

Version History

Version	Date	Page	Description of Change	Origin of Change



Intent

Physical Education is an opportunity to develop the whole child. Children are entitled to a rich, broad and balanced PE curriculum. Through PE, children should develop behaviour and attitudes that will benefit them throughout school life and beyond. At St Bon's we use the PE Hub throughout the school. This is a scheme that allows teachers to deliver a curriculum that enable children to access quality PE lessons from Rec to Y6.

Children will.

- experience a broad range of activities through curriculum PE time, including gymnastics, dance, games, outdoor Education, athletics, and swimming.
- Know how to stay fit, healthy, and active and enjoy doing so, choosing to engage in physical activity and sport in their own time.
- Learn to win and lose, support others and be supported, showing sportsmanship and good character.
- Work as part of a team towards a common goal as well as individually improving their performance.
- Be allowed to be creative in a range of activities.
- Play competitively, respecting officials and other players.
- Develop spiritually, morally and culturally through diverse activities and opportunities.

At St Bon's we believe in quality physical Education that will develop the whole child:

- Strengthening thinking and decision-making skills
- Building and increasing confidence and self-esteem
- Developing character and resilience
- Enhancing their commitment and desire to improve
- Allowing opportunities for enjoyment, fun and to be free-spirited
- Fostering feelings of safety and security

Implementation

At St Bon's we follow a skill based, games orientated, progressive approach to delivering a broad and varied PE curriculum. Each child no matter what background or ability has access to quality, exciting and fun PE lessons.

We also value the place competition has within the PE programme and enable sporting competitive opportunities for all children in KS2 within the year group.

For those more confident children they are given opportunities to compete at level 2, against other schools and even level 3, at County level. We have a high standard of sporting achievements at netball, football, athletics, cross country, rugby, swimming and tennis.

Children should be competent and safe swimmers and achieve 25m by Y6.



The curriculum

The PE Hub provides coverage of the National Curriculum by dividing it up into three main areas;

1. Physically competent, physically active.
2. Tactics & strategies, decision maker, creative and competitive.
3. I can, I want to, I will.

1. Physically competent, physically active.

The curriculum inspires all pupils to succeed and excel in competitive sport....Develop competence to excel in a broad range of physical activities.

Pupils are physically active for sustained periods of time.

KS1

- Access to a broad range of opportunities to extend their agility, balance and coordination, individually and with others.
- Develop fundamental movement skills and become increasingly confident and competent.
- Develop balance, agility and coordination and begin to apply in a range of activities. Master basic movements, including running, jumping, throwing and catching.

Taught through; Dance, Gymnastics, Run Jump Throw, Hit Catch Run, Send and Return, Attack defend shoot, Foundation, Fitness

KS2 –

- Pupils apply and develop a broader range of skills
- Learn how to use skills in different ways and link them to make actions and sequences of movements
- Develop technique, control and balance.
- Use running, jumping, throwing and catching in isolation and in combination. Develop flexibility and strength.

Taught through; Dance, Gymnastics, Run Jump Throw, Hit Catch Run, Send and Return, Attack defend shoot, Foundations, Fitness, Dance, Gymnastics, Athletics.

All game units, Golf, Foundations, Fitness

2. Tactics & strategies, decision maker, creative and competitive.

Engage in competitive sports and activities. Become physically confident. Know, apply and understand matters, skills and processes.

KS1

- Engage in competitive (against both self and others) activities.
- Develop simple tactics for attacking and defending.
- Perform dances using simple movement patterns.



- Taught through; Dance, Gymnastics, Run Jump Throw, Hit Catch Run, Send and Return, Attack defend shoot.

KS2

Develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success

- Develop technique, control and balance. Use running, jumping, throwing and catching in isolation and in combination. Develop flexibility and strength.
- Taught through; Dance, Gymnastics, Athletics, games, Golf, Foundations, Fitness

3) I can, I want to, I will

Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect Lead healthy, active lives.

Enjoy communicating, collaborating and competing with each other.

KS1

- Engage in cooperative physical activities, in a range of increasingly challenging situations
- Participate in team games.

Taught through, Dance, Gymnastics, Run Jump Throw, Hit Catch Run, Send and Return, Attack defend shoot, OAA

KS2

- Play competitive games.
- Compare their performances with previous ones and demonstrate improvement to achieve their personal best.
- Take part in OAA challenges both individually and within a team.

Taught through, Dance, Gymnastics, games, Golf, Fitness, OAA

Swimming

All children from Y2 – Y6 have swimming lessons delivered by Penguins Swimming Club. With the aim of year 6 being able to swim 25m and perform a safe self-rescue.

Planning and Resources

The PE curriculum and lesson plans are available for all staff members on The PE Hub. They are website is easy to follow and divided year groups and sports. There are 6 progressive lessons for every topic as well as video resources and differentiation ideas.

All teachers have access to the PE Hub and its resources.

The PE resources are kept in the PE cupboard in the hall and in 2 secure outside storage containers.



Assessment and Recording

Each unit of work has an assessment tool on the PE Hub where teachers can assess each child against each statement both before the lesson and after. The assessments are colour coded red, orange and green in order to make it easy to see how well the children are performing.

The assessments follow the head, hand heart format which enables all children to be assessed at the same level.

Teachers have the freedom to re assess the curriculum plan in order to accommodate the success of the outcomes for each unit.

Monitoring of PE

The responsibility of the PE Co-ordinator includes:

- Assisting colleagues with planning and accessing PE lessons and resources
- Managing the PE budget.
- Writing the Sports Premium statement for the website.
- Reviewing and updating resources.
- Helping with the professional development of members of staff.
- Offering information and advice.
- Having an overview of PE teaching across the whole school.
- Monitoring whole school progression and topics taught.
- Enabling opportunities to take part in competitive sports at level 2 (against other schools) and Level 3 at County competitions.
- Monitor and enable swimming lessons form Y2 – Y6.

Impact

We intend for every child to know that physical activity has an impact on health and lifestyle. To have developed resilience, cooperation and perseverance through playing team games with their peers.

They will be able to self-umpire and know the value of fairness and sportsmanlike behaviour.

They will know ways to keep fit and active and coordinated. They will have all had an opportunity to compete and know the excitement of sport and competitive games.