



Friday 22nd September 2023

Dear parents and carers,

*The Lord bless us and keep us,
The Lord make his face to shine upon us
And be gracious unto us.
The Lord lift up the light of his countenance upon us,
And give us peace.*

Well done to everyone who took part in our summer holiday homework challenges. The winners were announced in assembly on Monday. All winners received a £5 voucher to spend in Totally Toys. All children who took part received a certificate. Well done everyone!

This week in school I have delivered the NSPCC *Speak Out, Stay Safe* assemblies to both KS1 and KS2. Your child may have come home and spoken to you about this. In school we use the term 'trusted adult' to identify staff adults that children can talk to if they have a worry. The message I shared with the children this week is to talk to their trusted adult if they have a small worry so that it doesn't become a big worry.

Lunch hall rules

We are continuing to review our new lunch hall rules in consultation with the children. This week we have made some tweaks. Children now sit at their table for an agreed amount of time. This is taking the pressure of the children trying to find a place to sit.

Parent focus group

Our parent focus group are meeting is on Friday 29th September. If you have anything you want the group to discuss please email parentfocusgroup@stbons.uk

Key dates:

- Individual pupil photographs will take place in school on Tuesday 10th October.

- **Nasal Flu Immunisations 15th December**

Children in Reception to Year 11 are being offered flu vaccinations this winter to help protect them from flu and serious complications such as bronchitis and pneumonia. Vaccinating your child will also help protect you, your family and friends. The flu vaccine is administered using a nasal spray, this vaccine is free and painless, please ensure you complete your consent form at <https://imms.sirona-cic.org.uk/flu/2023/consent?v=1.23>

If your child is unable to receive the nasal flu vaccine, community catch-up clinics will be available, please contact sirona.sch-imms@nhs.net or 0300 1245515 for more information.

Best,
Sarah Ballantine
Head teacher



Catholic Life of the School

This week, we have been focusing on the Catholic values of love, forgiveness, and reconciliation.

In Key Stage 1, the children discussed the parable of the workers in the vineyard and talked about how they can give to others. They are thinking of ways to share love and kindness at school and home.

In Key Stage 2, we talked about forgiveness and reconciliation after listening to Matthew's Gospel on how many times we should forgive.

The Faith Awards for this term will be on the theme of "Love thy Neighbour" and will link Catholic social teaching with what we can do for our local and global neighbours in need. Each class will be starting to discuss their own ideas for engaging with this value through their head (what they know), their heart (how they feel) and their actions (what they do)

Artwork of St. Francis

The artwork of St. Francis that is featured in this week's newsletter was done by the FS children at the end of last year. St. Francis is a great example of someone who lived the Catholic values of love and compassion. He was known for his love of nature and animals, and he dedicated his life to helping the poor and marginalized.

Reflection

As we go through this term, let us all reflect on how we can live the Catholic values of love, forgiveness, and reconciliation in our own lives. We can start by looking for small ways to help others, both at school and at home.

We can also be more forgiving of others, and we can strive to reconcile with those who have wronged us.

Here are some specific ideas for how we can live these values in our daily lives:

-Love: Be kind and compassionate to others, even when it's difficult. Help out your classmates, family members, and neighbours in need.

-Forgiveness: Forgive others for their mistakes, just as God forgives us. Don't hold grudges or resentments.

-Reconciliation: If you have fallen out with someone, try to make amends. Reach out to them and offer to talk.

By living by these values, we can make our school and our world a more loving and compassionate place.

Events w/c 25th September (MENU week 3)

Monday 25th - Reception children start full time.
- Year 6 NSPCC speak stay safe workshops

Tuesday 26th – Collegiate netball festival

Thursday 28th – Open day for prospective reception pupils

UPCOMING EVENTS

Running Club



Do you want to get fit and have fun at the same time!
Join us on Wednesday mornings at 7.50am.
Running/walking club
Children and adults are welcome.

English as an Additional Language Coffee Mornings



If English is not your first language, please come along, share your views, meet other parents, be a part of your child's learning and relax at our coffee mornings from 9 – 10am on Wednesdays in the School – come to the office.

The group is run by Mrs Cela – if you would like more information, please email her at esmeralda.cela@bristol-schools.uk

A special invitation is extended to parents/carers of children who have just joined us.
If you would like more information about the group – please email Mrs Cela.

Clubs and sports at St Bon's



Week of 25th September

Netball - 3:15	YES YES	Mondays – Y3 & 4 Tuesdays - Y5 & 6
Drama		
Circuits 7:50am	YES	Thursdays- Y1-Y6 in hall
Running club – 7.45am	YES	Wednesdays – all welcome – outside foyer
Mr Morgan after school	YES- Rescheduled boy's trials	Wednesdays – Y5 & 6
Tag Rugby	NO	Will start in term 2 for Y5 & Y6
Chess – Lunch break	NO – starts 29 th Sept	Fridays - Y5 Chess will now take place during lunch break, and will be fortnightly.
Hockey with Mrs Hinkins	YES	Fridays - Y5 & 6 £5- See flyer attached to email for sign up details.
Gymnastics- 3:15 – 4:15	YES	Tuesdays- YEAR 3 & 4
Dodge ball- 8:00	YES	Fridays – Y3 &4- in hall
Art/Drawing 12:15-12:45	YES	Tuesday lunch - KS2 – In 4H
Debating Club 12:15	YES	Wednesday lunch – Y5 & Y6 -In 3B/3J
Well-Being Singing 12:15	YES	Tuesday lunch – whole school - in 1P
Choir – 12:15	KS1 YES KS2 YES	Mondays – KS1 in 2TW Thursdays – KS2 – in 2TW
Lego Club	NO	TBC
Yoga	YES	Friday Y1 – paid class – information below

Year 1 Yoga

The yoga club for year 1 will take place on 29th September, 6th October & 20th October.

The link to book Term 1 can be found on: <https://www.emflow.co.uk/book.html>

Choose St Bon's Yoga Course starting on 29th September and follow the link.

The password for parents to book is: 'yogafun'.



PTFA News

www.stbonsptfa.com

Email – contact@stbonsptfa.com

Uniform – ptfauniformrep@gmail.com

Facebook – St Bons Parents and Carers

Instagram - @stbonsptfa

Be the Change

Aisling and Sophie will be stepping down as co-chairs of the PTFA at the AGM in February after a really enjoyable 3 years and would like to invite you to consider volunteering for the role. We have both loved our time as chairs, it's a fun and rewarding role with so much potential for development to further benefit our school and community. No prior experience in the PTFA is necessary. If interested please get in touch or catch us at drop off/pick up to have a chat.

Matched Funding

Do you know if your employer has a volunteering policy? If you don't, please drop your HR or line manager an email and find out. Many companies offer matched funding which is a pledge by an employer to match a sum of money raised by an employee for charity. It's a super easy way to make a **massive** difference to our fundraising.

EasyFundraising

St Bon's PTFA are registered with easyfundraising, which means you can raise FREE donations for us every time you shop online. Over 7,000 brands will donate to us when you use easyfundraising to shop with them – at no extra cost to yourself!

These donations really mount up and make a BIG difference to us, so we'd really appreciate it if you could take a moment to sign up and support us. It's completely FREE and only takes a moment.

easyfundraising

See your favourite brands donate to us whenever you spend with them

Find out more

Uber Eats ebay M&S

JOHN LEWIS Argos 7,500+ online brands

You can find our easyfundraising page [here](#) or find it in your app store

Coming up:

- ✓PTFA meeting 10th October
- ✓Disco October(TBC)
- ✓Bag2School 31st October
- ✓PTFA meeting 10th November
- ✓**Christmas Fair 3rd December**



COMMUNITY FOOD PANTRY.

You might be saddened but probably not surprised to know that this summer has been much busier than last year for the Community Food Pantry. While many of us have been lucky enough to get away for a break, not everyone will have had that opportunity.

That's why your donations are so very crucial to us. Your support means our wonderful stock-taking and shopping volunteers have been able to keep the shelves stocked for families in need. We're so grateful to them for their time and energy.

We want to particularly thank Cecilia for continuing to organise the donations that are given by Tesco Winterbourne, and Mary for her incredible monthly donations of food. We simply couldn't have made it through the summer months without them.

Finally, a warm welcome back to Mgr. Bernard, without whom the Pantry wouldn't exist. We wish you all the best on your return.

Please donate:

Coffee

Tinned fruit

Tinned sweetcorn

Oil

Heinz or Branston baked beans

UHT milk

Dried lentils

Stock cubes

Biscuits

Sanitary towels

Shampoo

Please DO NOT donate:

Fresh food (we can't safely store it and it will go to waste)

Where do I leave food donations?

Please put food donations either in the clear box labelled "Community Food Pantry Donation Box" at the back of the church or in the box outside the front door of the Presbytery.

