Week 3 W/C: 01/05, 22/05, 19/06, 10/07, 04/09, 25/09, 16/10

TUESDAY WEDNESDAY **THURSDAY FRIDAY** MONDAY Cheese and Mexican Beef Roast Pork Picnic **Butter Chicken** Tomato Pizza o **Breaded Fish** HOT DISH Tortilla Pie ** **Plate** Curry 🐲 **Fingers** Served with Potato Served with Served with Served with Potato Served with Chips Wholegrain Rice Wholegrain Rice Wedges Wedges Vegetarian Mexican HOT DISH 2 Bolognese a 🐲 Cheesey Vegetarian Vegetarian Macaroni Cheese Served with Ploughman's Tortilla Pie 💿 😻 Dippers • Wholemeal Pasta Picnic Plate Served with Served with Chips Served with Bread and Garlic and Wholegrain Rice Herb Bread HALAL DISH **Mexican Beef Roast Turkey Butter Chicken** Tortilla Pie 🐲 🚯 Picnic Plate Curry 🐲 🙃 Served with Served with Potato Served with Wholegrain Rice Wholegrain Rice Wedges ACKET POTATO **Jacket Potatoes Jacket Potatoes Jacket Potatoes Jacket Potatoes Jacket Potatoes** ₩ 🕶 ₩ 🖤 ₩ 🕶 ₩ 🕶 with a choice of hot and cold fillings PASTA: Wholemeal pasta with homemade tomato sauce served daily All main meals served with two vegetables Chocolate Pineapple Upside Chocolate Berry Flapjack Down Cake with Vanilla Ice Cream **Brownie with** Milkshake with with Fruit Fruit 6 Custard * Cookie

AVAILABLE EVERY DAY: WATER, SALAD, FRESHLY BAKED BREAD, TWO VEGETABLES, YOGHURT AND FRESH FRUIT

Vegetarian 🐞 Oily fish





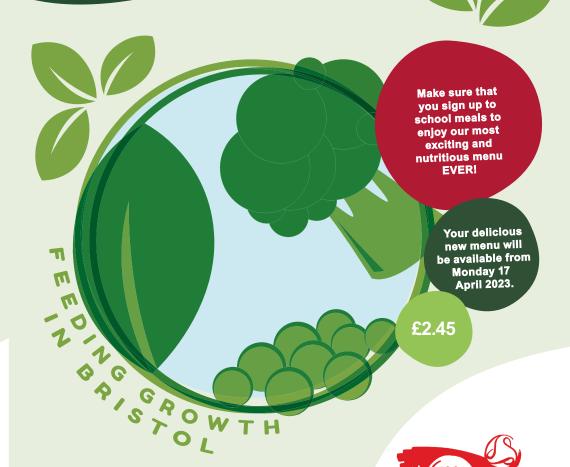






Three week menu

Spring/Summer 23



For medical diets requirements please email chartwells.medicaldiets@compass-group.co.uk or visit www.chartwells.co.uk/nutrition



Week 1 W/C: 17/04, 08/05, 05/06, 26/06, 17/07, 11/09, 02/10

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY				
Hoise	HOT DISH 1	Cheese and Tomato Pizza • ** Served with Potato Wedges	Pork Sausages Served with Mashed Potato and Gravy	Roast Chicken Served with Roast Potatoes and Gravy	Beef Bolognese Served with Wholemeal Pasta and Garlic and Herb Bread	Breaded Fish Fingers Served with Chips				
o loid	HOI DISH 2	Sweet Potato Curry • • • • Served with Wholegrain Rice	Macaroni Cheese ⊙	Roasted Vegetable Butterbean Crumble • Served with Roast Potatoes and Gravy	Vegetarian Bolognese Served with Wholemeal Pasta and Garlic and Herb Bread	Vegetarian Dippers o Served with Chips				
	HALAL DISH		Chicken Sausages Served with Mashed Potato and Gravy	Roast Chicken (a) Served with Roast Potatoes and Gravy	Beef Bolognese © G Served with Wholemeal Pasta and Garlic and Herb Bread					
	JACKEI POIAIO	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes				
PASTA: Wholemeal pasta with homemade tomato sauce served daily										
L	All main meals served with two vegetables									
	DESSERIS	Mango Frozen Yoghurt	Hot Chocolate Sponge with Chocolate Custard	Strawberry Jelly with Fruit	Fruity Picnic Bar	Chocolate Ice Cream				

AVAILABLE EVERY DAY: WATER, SALAD, FRESHLY BAKED BREAD, TWO VEGETABLES, YOGHURT AND FRESH FRUIT













Week 2 W/C: 24/04, 15/05, 12/06, 03/07, 28/08, 18/09, 09/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
HOT DISH 1	Cheese and Tomato Pizza • Served with Potato Wedges	Chinese Chicken and Vegetable Rice ₩ ❤	Roast Gammon Served with Roast Potatoes and Gravy	Beef Lasagne Served with Garlic and Herb Bread	Breaded Fish Fingers Served with Chips			
HOT DISH 2	Vegetable Pastry Roll Served with Potato Wedges	Cauliflower Macaroni Cheese ♥	Sweet Potato and Chickpea Roast Served with Roast Potatoes and Gravy	Vegetable Lasagne Served with Garlic and Herb Bread	Vegetarian Dippers ⊙ Served with Chips			
HALAL DISH		Chinese Chicken and Vegetable Rice ₩ ❤ ᠿ	Roast Chicken Served with Roast Potatoes and Gravy	Beef Lasagne Served with Garlic and Herb Bread				
JACKET POTATO	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes			
PASTA: Wholemeal pasta with homemade tomato sauce served daily								
All main meals served with two vegetables								



Apple and Berry

Crumble with

Custard &

Crunchy Chocolate Biscuit

Banana and **Apricot Flapjack** with Fruit

Strawberry Ice Cream

